

# WINTER LUNCH MENU

WEEK 1 COMMENCING: 19<sup>th</sup> January, 9<sup>th</sup> February

## Monday

Margherita Pizza



Lemon & Garlic Orzo)



Jacket Potato

Mozzarella Bread

Sweetcorn &

Coleslaw

Salad Bar

Devils Food Cake



Jelly Pots

Fruit & Yoghurt

## Tuesday

All day Breakfast



Veggie Breakfast



Jacket Potato

Hash Browns

Baked Beans

Salad Bar

Homemade Bread

Cornflake Tart & Custard



Strawberry whip

Fruit & Yoghurt

## Wednesday

Spanish Meatball Bake



Mush & Thyme Pasta



Jacket Potato

Wholemeal Pasta

Broccoli & Carrots

Salad Bar

Homemade Bread

Choc & mandarin Trifle



Jelly Pots

Fruit & Yoghurt

## Thursday

Roast Chicken & Stuffing



Herb roasted Quorn fillet



Jacket Potato

Roast Potatoes

Cauliflower & Green  
Beans

Salad Bar

Homemade Bread

Blueberry & apple  
cobbler



Granola pots

Fruit & Yoghurt

## Friday

Golden Fish Fingers



Halloumi Swt Chilli Wrap



Jacket Potato

Chips

Baked Beans &

Peas

Salad bar

Homemade Bread

Assorted Desserts

Please Check for  
Allergens

# WINTER LUNCH MENU

WEEK 2 COMMENCING: 26<sup>th</sup> January

## Monday

Korean Chicken Bowl



Singapore Noodles



Jacket Potato

Prawn Crackers



Green Beans

Cauliflower

Homemade Bread



Melon Wedge & Oat

Cookie



Jelly Pots

Fruit or Yoghurt



## Tuesday

Sausage & Onion Hotdog



Quorn Dog



Jacket Potato

Potato Wedges

Baked Beans

Sweetcorn

Homemade Bread



Jam Sponge & Custard



Chocolate Mousse



Fruit or Yoghurt



## Wednesday

Beef Lasagne



Vegetable Lasagne



Jacket Potato

Garlic Bread



Carrots

Green Beans

Cinnamon Apple Pizza

& Ice cream



Jelly Pots

Fruit Or Yoghurt



## Thursday

Roast Pork & Stuffing



Butternut & Tomato  
Crumble



Jacket Potato

Roast Potatoes

Roasted Roots

Broccoli

Homemade Bread



Chocolate Crunch &  
Chocolate Sauce



Butterscotch Whip



Fruit or Yoghurt



## Friday

Breaded Fish Fillet



Cheese & Chive Potato

Skins



Jacket Potato

Chips

Baked Beans

Mushy Peas

Assorted Desserts

Please check for  
Allergens



Check daily for  
**ALLERGEN UPDATES**



# WINTER LUNCH MENU

WEEK 3 COMMENCING: 2<sup>nd</sup> February

## Monday

Hunters Chicken



Cheese & potato Pie



Jacket Potato

Potato Wedges

Cauliflower

Cabbage

Homemade Bread

Fruit Flapjack & Custard



Jelly Pots

Fruit or Yoghurt

## Tuesday

Cheese, tomato & Basil

Pasta

Quorn Mince Burrito



Jacket Potato

Garlic Bread

Coleslaw

Sweetcorn

Lemon Swiss Roll



Strawberry mousse

Fruit or Yoghurt

## Wednesday

Creamy Chicken Curry



Katsu Quorn Fillet



Jacket Potato

Poppadom

Rice

Peas

Carrots

American pancake,  
Banana & Toffee Sauce



Jelly Pot

Fruit or Yoghurt

## Thursday

Roast Gammon &  
Yorkshire Pudding



Leek & Cheddar Quiche



Jacket Potato

Roast Potatoes

Cauliflower Cheese

Green Beans

Homemade Bread

Orangey Bread & Butter  
Pudding

Chocolate Pot

Fruit or Yoghurt

## Friday

Salmon Fish Fingers



Chickpea Shawarma  
pitta (Ve)

Jacket Potato

Chips

Baked Beans

Sweetcorn

Assorted Desserts

Please Check for  
Allergens

This Menu will commence after the Half-Term break, week beginning 3<sup>rd</sup> November.

We hope you like our new look Menu's.

Please see our corresponding allergen chart below, which is highlighted on each week's menu.

Please keep an eye out for theme days & any menu changes which will be notified.

We are immensely proud to say that our menus have received the Food for Life Foundation Award, meaning they are fully compliant with School Food Standards & use wherever possible, fresh ingredients from local & trusted suppliers. We have also made a sustainable commitment to reduce the amount of red meat on our menus.

Just a reminder, that should you so wish, breakfast is available for all students daily. Please let your school know if you would like your child to uptake this.

Please see our corresponding allergen chart below, which is highlighted on each week's menus.

(V) =Vegetarian, (VE) =Vegan

Should your child have a medically diagnosed allergy or health condition, please do let your school know & our fully trained Heads of Kitchen will be happy to accommodate.

If you think your child is eligible for free school meals, please visit; [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

## ALLERGEN SYMBOLS



Celery  
(and Celeriac)



Cereals  
(containing  
Gluten)



Crustaceans  
(e.g. prawns,  
crabs, lobster or  
crayfish)



Eggs



Fish



Lupin  
(Lupin flowers  
and their seeds)



Milk



Molluscs  
(e.g. clams, mussels,  
whelks, oysters,  
snails, squid)



Mustard



Nuts



Peanuts



Sesame



Soybeans



Sulphur Dioxide  
(A food additive  
and preservative)