

Stanton Community Primary School



Nurture, Enjoy, Aspire, Achieve

PE Vision statement

At Stanton Community Primary School, we believe that Physical Education and Sport have a vital role to play in the physical, social, emotional and intellectual development of children. Physical education and sport are important in giving children the knowledge, understanding and the tools to make informed choices about healthy living and have a positive impact on their own health and well-being. The physical education curriculum at Stanton Community Primary School, aims to provide for pupils' increasing self- confidence through an ability to manage themselves successfully in a variety of situations. Children will have the opportunity to take part in a wide range of sports and physical activities, carried out in a safe and supportive environment, where effort and hard-work, as well as success, is celebrated and enjoyment and working together is promoted.

Objectives

- To provide a curriculum that satisfies the requirements of the National Curriculum.
- To provide up to two hours of high quality physical activity per week for all pupils.
- To provide an environment in which pupils enjoy and are committed to PE and sport.
- To ensure pupils understand that physical activity is an important part of a healthy lifestyle, including social and emotional well-being, both in and out of school now and in the future.
- To provide all pupils, irrespective of ability, opportunities to experience and succeed in positive, enjoyable and stimulating PE and sport.
- To provide opportunities, within the school (intra) and between schools (inter), for pupils to participate in a range of competitive, creative and challenge-type activities, as individuals and as part of a team.

- To develop competence in the fundamental movement skills and control in gross and fine motor skills.
- To develop stamina, suppleness, strength and agility and the determination and resilience to keep going.
- To provide an out of school hours' programme of activities which enables pupils to extend and enrich curriculum provision.

Curriculum

All curriculum planning comes from our Rising Stars scheme 'Champions'. Based from national curriculum objectives, the scheme allows children to explore a range of different sports to develop their skills. Each year follows similar units that ensure progression of skills as they build year by year. This scheme also enables children to understand the health benefits of exercise and gives the children 1 lesson a week to increase fitness. These units will:

- acquire and develop new skills
- select and apply appropriate skills, tactics and compositional ideas
- evaluate their own and others' performance in order to improve
- gain knowledge and understanding of how PE and sport contributes to staying physically, mentally and emotionally healthy
- experience a range of roles, such as leader, umpire, coach etc. All children participate in at least two hours lessons a week.
- understand the health benefits behind fitness and know how to keep themselves healthy.

The Foundation Stage

The physical development of children in the Foundation Stage is an integral part of their school work and is related to the objectives set out in EYFS framework. Both nursery and reception following a scheme of learning from 'GetSet4PE' which allows the fundamentals of PE to become embedded with their daily learning. The children are encouraged to become competent movers,

developing their fundamental movement skills in the way they move, balance and handle equipment, both indoors and outdoors. Fine and gross motor skills are monitored and supported throughout the year.

Extra-Curricular

Pupils have opportunities to develop their skills in a range of activity areas. They benefit from PE and Sport opportunities provided by the School Games; these include competitions and tournaments which are open to a large number of pupils. Our school sports coach provides PE and Sport lunch-time and afterschool activities and pupils are actively encouraged by supervisory staff to be physically active. When appropriate, parents and children are sign-posted to local sports clubs and leisure centres. Participation and success is celebrated in assemblies.

Teaching, Learning and Planning

Lessons are planned using the Rising Stars programme 'Champions' from year 1 to year 6. This programme follows the national curriculum and delivers it in under 3 main strains: health, fitness and sport. This allow children to focus on the importance of exercise as well as learning the skills needed for sport. Teachers adapt the planning so that it can meet the specific needs of the class. The lessons have learning objectives, coaching tips, health and safety considerations, resources and ideas for differentiation and assessment. They enable the children to be as active as possible and make suggestions for warm-ups and cool-downs, skill and concept development, drills, games to promote a competitive approach.

This programme ensures progression throughout all years through the revisiting of key skills and developing their contexts to give a broader overview. It is expected that these plans will provide support and progression; however, it is also expected that each teacher would consider the lesson within the context of their class and make the necessary amendments.

Nursery and Reception following planning from GetSet4PE which focuses on the fundamentals of movement allowing for progression of both fine and gross motor skills. These plans are adapted so that the learning becomes embedded throughout the day through their continuous provision. Over the year in Reception the children take part in more formalised PE lessons to help with their progression to year 1. Teachers ensure these skills remain progressive moving through nursery into reception and that they build on their prior learning. These plans provide additional support including online support for the

teachers but each teacher considers the individual needs of their class and adapts them accordingly. These programme form the long term planning for the whole school as it ensures revisiting of skills and progression.

Equality, Diversity and Accessibility

All pupils will access a broad and balanced PE curriculum, which meets the specific needs of individuals and groups of people, including those who have diverse special educational needs, who are disabled, who have English as an additional language and who are more able. This will be carried out by effective lesson planning, delivery and assessment and using support staff and appropriate resources.

Assessment and Recording

At Stanton, we follow Balance statements for assessment for core and foundation subjects including PE. Teachers are provided with PE statements from Balance, which are matched to the National Curriculum and the school's long term PE plan. In doing so, teachers can confidently assess children - at, above or below - against specific statements in a unit of work and this can be used to inform parents and the child's next teacher. Notes can also be recorded on the lesson plans, informing the following weeks planning, and the overall judgement at the end of a unit.

Monitoring and Evaluation

Subject monitoring including the monitoring of general PE and Sport activity and the use and impact of the Sports Premium will be carried out by the PE Subject Leader with support from the Head Teacher, using the following strategies:

- Observation of teaching and learning
- Tracking and assessing pupil progress and achievement taking into account specific groups, including special educational needs and pupil premium children
- Obtaining views of pupils, staff and parents
- Analysis of records of club attendance

Risk Assessments

The importance of safety in PE is made clear to all pupils, lesson planning allows for health and safety consideration and every teacher is expected to carry out an informal risk assessment of every PE lesson to minimise risk.

Risk assessments exist for the school environment. For swimming a separate risk assessment is completed by the PE Subject Leader for pupils attending this off-site sporting event.

PE Equipment

Any damage to PE equipment is reported to the PE Leader as soon as possible and if the damage could cause injury the equipment is isolated from use. The PE Subject Leader carries out an annual audit of PE equipment to ensure it is ready for use.

PE Clothing

The children should have a white t-shirt and black shorts for their PE kit. If a pupil repeatedly forgets his or her PE kit, a letter is sent home by the class teacher. The school has some spare PE clothes to enable those who do forget their kit, access to the lessons. Gymnastics and dance are performed in bare feet. If a pupil has an injury to a foot, a letter should be sent in by a parent or carer to request permission to wear plimsolls. These light weight shoes are preferred to trainers for these units, especially when partaking in partner or group work. Pupils may be asked to wear footwear if the hall floor becomes unsafe for bare feet and if a games lesson has to be moved indoors due to inclement weather. In this case, trainers (without black soles) would be permitted.

Hair

All long hair is tied back for PE lessons. There are spare bands in school to enable access to the lessons for those who forget.

Jewellery and personal effects

All jewellery, (including earrings) religious artefacts, watches and sensory aids are removed before participating in a PE lesson. Clear expectations have been established with all children and parents about the removal of jewellery and management of the removal. So for example, parents are encouraged to ensure their children come to school without earrings when taking part in any PE activity and are actively encouraged to have piercings at the beginning of a summer holiday. Children who cannot remove earrings need to have flat back earrings in and they need to tape their ears to take part in the lesson.

Staff

Staff wear appropriate PE clothing, tie hair back and remove jewellery when teaching PE and Sport lessons.

Resources

An annual audit of PE resources is undertaken by the PE Subject Leader, checking availability, condition and appropriateness. Action is taken where necessary. Staff and pupils are encouraged to look after resources by using the equipment correctly and ensuring that the resources are returned and stored in the right place and tidily. Also, the pupils are taught to carry and handle resources safely.

Inclement weather

Where weather renders an outdoor lesson non-viable, every effort is made to move the lesson into the hall. The lesson may be adapted or suitable indoor games played instead.

The Sports Premium

The Sports Premium is used to support all of Stanton's PE and Sport objectives and its vision. The premium helps to promote sustainable outcomes: high quality PE lessons and extra-curricular opportunities, which enable all pupils to want to

regularly participate in physical activity and even excel, both now and in the future. The expenditure is posted annually on the school's website, a report is also made annually to the school's *Governors* and its impact is measured as described above.