

Dear Parents and Carers,

We now approach the summer break. I recognise it can be a difficult and challenging time for some.

Sunrise continues on its' positive journey which is only achievable with the teaching, help and support of all the dedicated Sunrise Team.

We now have an amazing school library which is well-resourced with a range of books, lots of which have been donated new by a range of organisations.

The primary area has a fantastic mural, which has been painted by the students and staff.

The Team at sunrise wish you a restful summer and look forward to welcoming the children back on Tuesday 3rd September.

Best regards

Patrick Hamilton
Head of School



**Sunrise Academy
Newsletter Summer 2
2024**

Messages from the Office

Medication

Prescription medication - can be administered in school so long as the following is in place.

Medication form complete, by the parent giving details of medication/contacts/Dr's information. All medication is in the original packaging with the pupil's name DOB on it as dispensed by the chemist.

Over the counter medication the school must be notified about in advance and must be in the original packaging. I.E. Sending in tablets in blister packets without the original box will not be administered.

Please label all clothing

We had a large amount of lost property go unclaimed last year, as it did not have a name in it. Where clothing has a clear name in it, we will return it to the relevant student.

Please can we request you label all clothing, especially easily removed items such as coats, jumpers and shoes. We often get lunchboxes and water bottles handed in too, so names on those would be really helpful.

Late or Absent

Please report absences or lateness to the office via the absence line or email the office, where possible, before 9am. Please state clearly child's full name, class and reason for absence. If your child is unwell, please state what is wrong, i.e. cold, sickness bug etc.

???? Questions or queries

If you are ever unsure of anything, please do not hesitate to contact us on or email if we don't know, we will do our best to find out!

End of the school year 19th July

Lost Property

Unclaimed lost property will now be donated for use as spares of at the end of each term.

Leave of absence requests

If your child needs to be out of school for any reason, please submit a leave of absence request in advance, these can be requested from the office.

Where it is for a medical or dental appointment a proof of appointment will suffice instead. These can be emailed to the school office, office@sunrise.sendat.academy or sent in with your child for us to copy and return.

Summer Term 2024

Last day of term Friday 19th July 2024

Academic year 2024 - 2025

PD Day 2nd September 2024

Term starts 3rd September 2024

Half Term 28th October – 1st November 2025

PD Day Monday 4th November 2024

Students return Tuesday 5th November 2024

Last day of term Friday 20th December 2024

Family Support Matters



Family support

Family Support Workers: are available to offer support and guidance to all Sunrise Academy families, This could be financial support, sign posting to another service, offering advice on supporting your child at home, the list is endless.

Feeding the family.

If you are struggling to feed the family, please look at accessing help from a local foodbank:

[Lowestoft Foodbank | Helping Local People in Crisis](#)

We also offer small food parcels from school, at a cost of £2 per bag through our FareShare packages. please contact the office.

School Uniform

We do have some spare uniform for students should they require it when in school. We do ask if your child comes home in something from school, you please wash and send back as soon as possible so we can continue to provide this.

Parent/carer coffee mornings!

Date for your diary!
25th September 11.00am

Firstly, thank you to those parents who attended the last coffee meeting, we hope you found it useful and informative.

Come along and join us for a relaxed opportunity to meet other parents and carers along with the pastoral team to chat about supporting our young people.

We will be inviting different agencies in to discuss the work they do so please keep an eye out for the updates in the school weekly newsletter.

If you have any safeguarding concerns about your children, please contact us on safeguarding@sendat.academy

Bullying

Bullying is intentional behaviour that hurts someone else. It includes name calling, hitting, pushing, spreading rumours, threatening or undermining someone. It can happen anywhere - at school, at home or online. It's usually repeated over a long period of time and can hurt a child both physically and emotionally.

Please contact us if you have any concerns on bullying. We take it seriously and will support your young person.

*Taken from NSPCC website

Attendance Updates for Autumn Term

Following new DFE guidance 'Working together to improve school attendance', we will be monitoring attendance in a slightly different way in schools, this takes effect from 19th August 2024, our trust attendance policy will reflect these changes where appropriate.

We will be issuing letters inviting parent / carers to a meeting when we notice changes to attendance, this could be due to unauthorised absences or noticing that your young person is coming in late to school more often. In the first instance these meetings will be held with Ms Emma O'Hara (Pastoral Lead) if we are not seeing an improvement then Mr Patrick Hamilton (Head of School) will chair the subsequent meetings. We aim to work with you in finding ways to break down the barriers in school attendance and discuss any referrals that may be needed to help support.

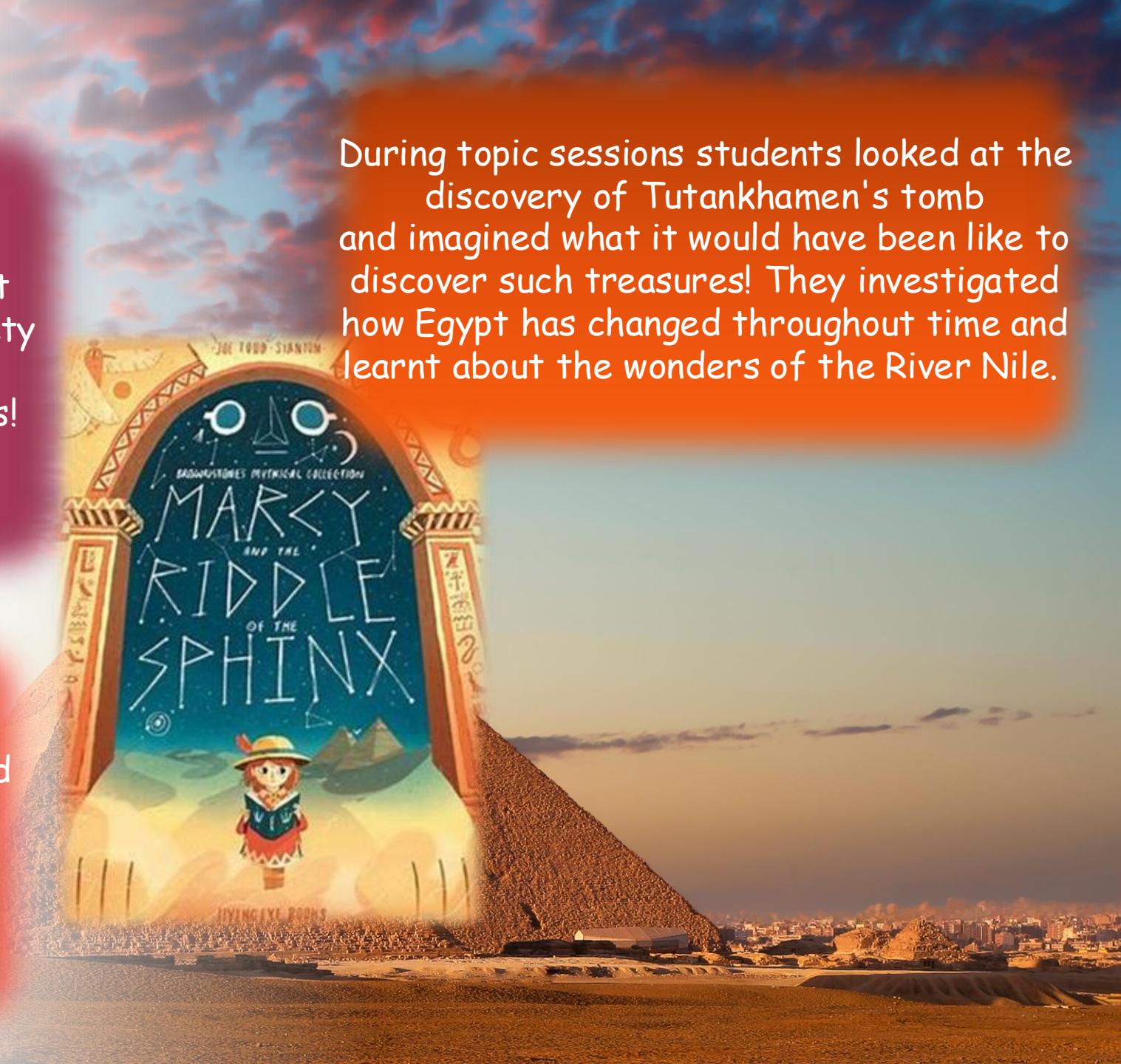
The work we do around attendance is alongside our designated Educational welfare officer (EWO) from the local authority and Mr Graham Alcock SENDAT Attendance Lead.

Key Stage 2

This half term we finished learning about Egyptians. The students completed a variety of work on 'Marcy and the riddle of the sphinx' including writing their own riddles!

In maths students have been working hard on their time telling skills and have been practising reading both analogue and digital clocks.

During topic sessions students looked at the discovery of Tutankhamen's tomb and imagined what it would have been like to discover such treasures! They investigated how Egypt has changed throughout time and learnt about the wonders of the River Nile.



Year 7

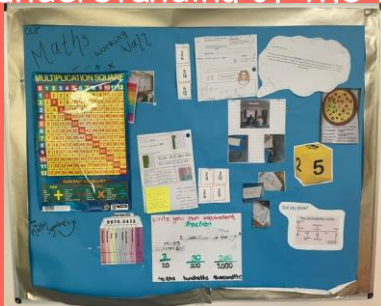
In English this term our class book has been 'Running on Empty' by S.E.Durrant...

Students have been able to read our book about Ajay, a massive fan of Usain Bolt and how he goes through life with parents who have learning difficulties and how Ajay manages this.. The students have been able to write their own newspaper reports and proof read for spelling and grammar.



In Maths this term we have looked at Measurements and the different Units of measurement.

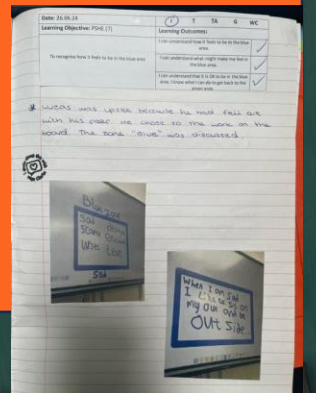
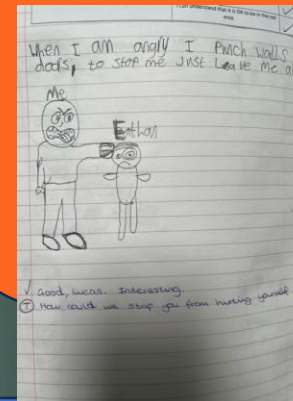
The students have enjoyed learning about time, measuring and comparing units of measurements to others i.e. KG to G. We are using practical equipment to deepen our understanding of the topic better..



Zones of Regulation
"It is ok **not** to be ok"

Our PSHE topic this term is looking at Zones of Regulation and how we can use this everyday to support us in regulating ourselves when we feel different emotions. How do we look ourselves? How can we reach the 'Green Zone' where we are regulated and ready to learn?

Take a look at what we have learnt so far this term..



Science – Chemistry, periodic table, mixtures

In Art we have been looking at a variety of artists including Jackson Pollock where students made some paint splatter canvases.

PE – Students have been doing cricket this half term. They have been working on their throwing, catching, bowling, batting and fielding techniques. They have made fantastic progress. Miss Palmer is very impressed.

Year 8

In English this term Year 8 have been studying Shakespeare's infamous play Romeo and Juliet With a focus on the themes of:

- **Love:** Different types of love, including romantic love.
- **Fate:** The idea that Romeo and Juliet's lives are already mapped out.
- **Duality:** Paired or opposite ideas or feelings, such as love and hate or conflict and peace.
- **Violence and conflict:** The consequences of unchecked hatred.
- **Loyalty and family honor:** The transformative power of love.

Maths -

This term the year 8's have been continuing their journey into the world of gcse maths, with a focus on developing core skills in prperation for the more demanding lessons ahead.

PE – Students have been doing cricket this half term. The have been working on their throwing, catching, bowling, batting and fielding techniques. They have made fantastic progress. Miss Palmer is very impressed.

Science – Chemistry, chemical reactions

In Art we have been looking at making fabric monsters and practising our sewing skills.

We have been looking at recycling and the environment this term and understanding how our actions can affect our community

Year 9

In English this term, Year 9 have been studying Shakespeare's play Macbeth, with a focus on the themes of loyalty, guilt, innocence, and fate—all deal with the central idea of ambition and its consequences.

Maths -

Year 9's are storming through the GCSE curriculum with the main focus this term on angles inside a polygon.

PE – Students have been doing cricket this half term. They have been working on their throwing, catching, bowling, batting and fielding techniques. They have made fantastic progress. Miss Palmer is very impressed.

Science – Chemistry, Assignments for the ELC

Art - we have been looking at 3D structures focusing on buildings.

Year 9

Year 10

English - This term Year 10 have been studying for Functional skills or GCSE with a focus on the skills required to complete the Reading and writing papers.

In Home Cooking-
A few students have been working towards BTEC Home Cooking skills qualification.

PE – Students have been doing cricket this half term. They have been working on their throwing, catching, bowling, batting and fielding techniques. They have made fantastic progress. Miss Palmer is very impressed.

Art - students have been focusing on identity this term looking at 3D masks and animation

Maths - This term the GCSE work has been concentrated on long multiplication and long division, the 2 subjects that most people hate, but the foundation of all that is to come.

Year 10 are looking at politics and democracy this term.

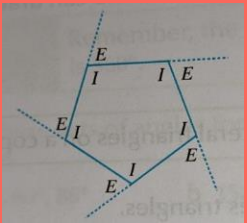
Science – Chemistry, Assignments for ELC

Year 11 A

English - This term has been focusing on the exam preparation for GCSE and Functional skills and how to gain the most marks in the reading and writing papers.

Maths - GCSE revision

This term has seen the focus on preparation for exams and how to answer questions to gain the maximum marks.



Topic

Science –

PE – Students have been doing cricket this half term. They have been working on their throwing, catching, bowling, batting and fielding techniques. They have made fantastic progress. Miss Palmer is very impressed.

Art - One student has completed their Bronze Arts Award by completing a mural in the art room.

In Home Cooking- Couple of students completed BTEC Home cooking level 1 and 2 qualification

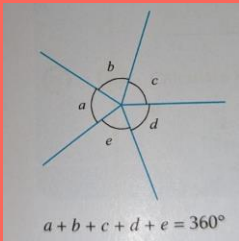
In PD this term

Year 11 B

English – This term has been focusing on the exam preparation for GCSE and Functional skills and how to gain the most marks in the reading and writing papers.

Maths - GCSE revision

This term has seen the focus on preparation for exams and how to answer questions to gain the maximum marks.



Topic

Science – This half-term s

PE – Students have been doing cricket this half term. They have been working on their throwing, catching, bowling, batting and fielding techniques. They have made fantastic progress. Miss Palmer is very impressed.

Art -

In PD this term we are looking at

Sports this half term

Sunrise had their last tournament for this academic year. The third event of which points are accumulated across each competition and a trophy would be presented with a trophy. Sunrise U16's were already in a good position having won the first 2 events.

Our Y11 captain led an unfamiliar team consisting of Y8, Y9 and Y10. Their first game saw them take on Ashley. They won 3-0. Ness Point were up next and Sunrise turned it up a gear to beat them 8-0. The second leg versus Ashley saw more goals from Sunrise in a 7-0 victory. Sunrise's final match saw them play against Ness Point for the second time and they secured a 6-0 win.

As a result, Sunrise accumulated one of the highest scoring tournaments and kept a clean sheet throughout which was very impressive. Sunrise obviously won on the day, and won the tournament overall. With students each receiving a gold medal and a trophy for us to keep with all our others.



Y7-Y10, also had a chance to compete in a SENDAT friendly football tournament on 12th July. Please see image above. Students had to travel all the way to Sudbury for this. They won one, drew one and lost a game. But behaviour was fantastic throughout the entire day and they demonstrated excellent sportsmanship! :)

Exams

A huge congratulations to all pupils who have completed their Entry Levels, Functional Skills & GCSE exams.

Results can be collected from Sunrise between 09:00 & 10:00 on Thursday 22nd of August.

Results not collected between these times will be put in the post.