



ILP targets
 Urgent issues arising
 National days/ months EG Democracy day, black history month etc.
 Yearly refreshers:
 ❖ British values
 ❖ CPR
 ❖ Emotional regulation

RSHE

- ❖ Contraception
- ❖ Communication in relationships
- ❖ Sexuality
- ❖ Abusive relationships
- ❖ Exit strategies
- ❖ Pregnancy and abortion

PSHE

- ❖ Cancer
- ❖ Careers
- ❖ Post 16 options
- ❖ Work life balance
- ❖ Applications and interviews

SMSC

- ❖ Blood donation
- ❖ Stress management
- ❖ British values

11**RSHE**

- ❖ Sex for pleasure
- ❖ Contraception
- ❖ Pornography
- ❖ Online relationships
- ❖ Relationships
- ❖ Puberty
- ❖ Domestic violence

PSHE

- ❖ Mental health
- ❖ Addiction
- ❖ Gambling
- ❖ Banking
- ❖ Budgets

SMSC

- ❖ Role models
- ❖ Work experience
- ❖ Politics
- ❖ Democracy

10**RSHE**

- ❖ Puberty
- ❖ Sex and contraception
- ❖ Sexing
- ❖ Consent
- ❖ Pornography
- ❖ Masturbation
- ❖ Healthy relationships

PSHE

- ❖ Independence
- ❖ Smoking
- ❖ Drugs
- ❖ Online safety
- ❖ Knife crime
- ❖ Mental health
- ❖ County lines

SMSC

- ❖ Different relationships LGBTQ+
- ❖ Different marriages
- ❖ Homelessness
- ❖ Community engagement
- ❖ First aid
- ❖ Volunteering

KS3**RSHE**

- ❖ Positive relationships
- ❖ Bullying
- ❖ Peer pressure
- ❖ Conflict resolutions
- ❖ Appropriate touch
- ❖ Different relationships LGBTQ+
- ❖ Puberty

PSHE

- ❖ Online safety
- ❖ Hygiene and medicine
- ❖ Body image and mental health
- ❖ Bereavement
- ❖ Independence
- ❖ Smoking
- ❖ Drugs

SMSC

- ❖ Different relationships LGBTQ+
- ❖ Volunteering in the community
- ❖ Community safety
- ❖ Prejudice and discrimination

KS2**RSHE**

- ❖ Me and my likes, dislikes and behaviour.
- ❖ My family and friends.
- ❖ Safe relationships
- ❖ PANTS
- ❖ Bullying
- ❖ Emotional regulation

PSHE

- ❖ Hygiene
- ❖ Healthy lifestyles
- ❖ Recognising risk
- ❖ Mental health
- ❖ Emergency procedures
- ❖ Keeping safe
- ❖ TITAN travel safety

SMSC

- ❖ Accepting others
- ❖ Animal care
- ❖ Caring for others
- ❖ Needs and wants
- ❖ Rights and responsibilities
- ❖ Respecting others
- ❖ Challenging stereotypes.

KS1