



Long term planning (LTP)

PSHE Long Term Plan 2023-24

Key Stage	Pathway Class Group	Cycle Rotation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 2	Maple	B (Class themes).	<p>Superheroes</p> <p>Ourselves:</p> <p>Personal Development.</p>	<p>A journey to...</p> <p>Ourselves:</p> <p>Relationships</p>	<p>Inspirational people</p> <p>Healthy lifestyles:</p> <p>Healthy Living</p>	<p>Once upon a time</p> <p>Healthy lifestyles:</p> <p>How to keep ourselves safe.</p>	<p>A rumble in the jungle</p> <p>Citizenship – School community:</p> <p>Understanding our role in the school community.</p>	<p>Going green</p> <p>The world I live in. Citizenship – Local Community:</p> <p>Understanding of what is a local community.</p>
	Rowan	B (Class themes).	<p>Superheroes</p> <p>Relationships:</p> <p>Families and friendships.</p> <p>Safe relationships.</p>	<p>A journey to...</p> <p>Relationships:</p> <p>Safe relationships.</p> <p>Respecting ourselves and others.</p>	<p>Inspirational people</p> <p>Living in the wider world:</p> <p>Belonging to a community.</p> <p>Media literacy and digital resilience.</p>	<p>Once upon a time</p> <p>Living in the wider world:</p> <p>Media literacy and digital resilience.</p> <p>Money and work.</p>	<p>Going green</p> <p>Health and wellbeing:</p> <p>Physical health and mental wellbeing.</p> <p>Growing and changing.</p>	<p>A rumble in the jungle</p> <p>Health and wellbeing:</p> <p>Growing and changing.</p> <p>Keeping safe.</p>



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	Willow	B (Class themes).	Superheroes. Relationships: Families and friendships. Safe relationships.	A journey to... Relationships: Safe relationships. Respecting ourselves and others.	Inspirational people Living in the wider world: Belonging to a community. Media literacy and digital resilience.	A rumble in the jungle. Living in the wider world: Media literacy and digital resilience. Money and work.	Once upon a time. Health and wellbeing: Physical health and mental wellbeing. Growing and changing.	Going green Health and wellbeing: Growing and changing. Keeping safe.
	Oak	B (Class themes).	Superheroes. Relationships: Families and friendships. Safe relationships.	A journey to... Relationships: Safe relationships. Respecting ourselves and others.	Inspirational people Living in the wider world: Belonging to a community. Media literacy and digital resilience.	Once upon a time Living in the wider world: Media literacy and digital resilience. Money and work.	Going green Health and wellbeing: Physical health and mental wellbeing. Growing and changing.	A rumble in the jungle. Health and wellbeing: Growing and changing. Keeping safe.

Commented [AK1]: Colour code your rotation cycle for topics



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Key Stage	Pathway Class Group	Cycle Rotation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 3	Mount Road		<p>Health and wellbeing: Drugs and alcohol.</p> <p>Alcohol and drug misuse and pressures relating to drug use.</p>	<p>Living in the wider world: Community and careers</p> <p>Equality of opportunity in careers and life choices, and different types and patterns of work.</p>	<p>Relationships: Discrimination.</p> <p>Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia.</p>	<p>Health and wellbeing: Emotional wellbeing.</p> <p>Mental health and emotional wellbeing, including body image and coping strategies.</p>	<p>Relationships: Identity and relationships.</p> <p>Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception.</p>	<p>Living in the wider world: Digital literacy.</p> <p>Online safety, digital literacy, media reliability, and gambling hooks.</p>
	Priory at Thurston		<p>Relationships – Managing friendships</p> <p>Safe relationships</p>	<p>Relationships – Physical contact</p> <p>Respecting ourselves and others</p>	<p>Living in the wider world – Belonging to a community</p> <p>Media literacy and digital resilience</p>	<p>Living in the wider world – Media literacy and digital resilience</p> <p>Money and work</p>	<p>Health and wellbeing – Physical health and mental wellbeing</p>	<p>Health and wellbeing – Growing and changing</p> <p>Keeping safe</p>



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Key Stage	Pathway Class Group	Cycle Rotation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Aspire		Families and friendships – Attraction to others Safe relationships	Safe relationships – Physical contact Respecting ourselves and others	Belonging to a community – Valuing diversity Media literacy and digital resilience	Living in the wider world – Media literacy and digital resilience Money and work	Health and wellbeing – Physical health and mental wellbeing	Health and wellbeing – Growing and changing Keeping safe
	Year 7/8	B	Relationships: Families and friendships. Safe relationships.	Relationships: Safe relationships. Respecting ourselves and others.	Living in the wider world: Belonging to a community. Media literacy and digital resilience.	Living in the wider world: Media literacy and digital resilience. Money and work.	Health and wellbeing: Physical health and mental wellbeing. Growing and changing.	Health and wellbeing: Growing and changing. Keeping safe.
	Year 9		Relationships: Families and friendships. Safe relationships.	Relationships: Safe relationships. Respecting ourselves and others.	Living in the wider world: Belonging to a community. Media literacy and digital resilience.	Living in the wider world: Media literacy and digital resilience. Money and work.	Health and wellbeing: Physical health and mental wellbeing. Growing and changing.	Health and wellbeing: Growing and changing. Keeping safe.



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Key Stage 4	Year 10/11	B	<p>Personal action planning: To begin to develop skills in relation to action planning and self-review.</p> <p>Introduction to diversity, prejudice and discrimination: To develop the learner's knowledge of diversity, prejudice and discrimination in society.</p>	<p>Healthy lifestyles: To enable the learner to develop knowledge and understanding of health-related issues and to make healthy decisions in relation to diet, exercise and other lifestyle choices.</p> <p>Emotional Wellbeing: To develop the learner's understanding of emotional experiences and their effects.</p>	<p>Personal action planning: To begin to develop skills in relation to action planning and self-review</p> <p>RSE & Health</p> <p>Emotional Wellbeing: To develop the learner's understanding of emotional experiences and their effects.</p> <p>Sex and relationships education: To develop the learner's knowledge of personal relationships.</p>	<p>RSE & Health To know about puberty, reproduction and contraception.</p> <p>To know about sexually transmitted infections and how to prevent their transmission.</p> <p>To know that the online and media world have an impact on relationships and sex education.</p>	<p>Personal action planning: To begin to develop skills in relation to action planning and self-review.</p> <p>Personal Safety: To develop the learner's ability to recognise threats to personal safety in a range of contexts.</p>	<p>Emotional wellbeing: To develop the learner's understanding of emotional experiences and their effects.</p> <p>Drugs education: To develop the learner's knowledge and understanding of illegal drugs, alcohol and tobacco.</p>

Commented [AK2]: In Key Stage 4/5 separate content by entry level but all remain part of the 'red' pathway



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Key Stage	Pathway Class Group	Cycle Rotation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 10/11	B	Personal development: DSA 3 Developing self awareness: All about me.	Personal development: ISPR 2 Using interpersonal skills to contribute to positive relationships.		Personal development: GOP 4 Getting on with other people.	Personal development: NCA 3 Engaging in new creative activities.	
Key Stage 5	E1/2	B	E2 Developing Self	E2 Working as Part of a Group	E1 Preparation for Work – 2 credits	E2 Dealing with Problems in Daily Life	E1/2 Community Action – 2 credits	E2 Working Towards Goals
	E3/L1	B	E3/L1 Healthy living	E3/L1 Individual rights and responsibilities	E3/L1 Preparation for work	E3/L1 Environmental awareness	E3/L1 Community Action	E3 Working towards goals

Commented [AK3]: If Key Stage 5 do not do your subject then please delete these rows.

Commented [AK4]: Colour code your rotation cycle for topics