



Long term planning (LTP)

Outdoor Learning

The Skills-how to use: There are copious amounts of skills that I could have focused on and there is boundless evidence on how Forest School and outdoor learning impacts so positively on self-esteem, confidence, resilience etc, of which there are many tools available to help measure. These skills are based on children receiving a 6 weeks program with progression through 5 key areas which*will require practitioners to have had some prior training/qualification, such as Level 3 Forest School Leader, in order to be able to run sessions with children.

The levels are very loosely attached to a year group but it very much depends on how much experience the child has had and they can be used with any age that you deem fit. **The activities can be used with all Pathways and adapted to individual needs and abilities.**

The 5 areas include: Knots(K), Nature ID-plants/trees/ mini beasts (N), Tool use (T), Fire (F) and Teamwork (Te)

Key Stage	Pathway Class Group	Cycle Rotation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 1 (Thematic approach)		Spider	Play in the mud kitchen/mud pit using a spade (T) Make leaf towers (N) Hug a tree		Leaf threading (K) Introduce sit spot with adult and encourage listening to sounds	Look for a mini beast with an adult(N) Sit safely around the fire pit with adult(F)	Sing songs together around the fire (Te)	
			<p>Responses can be short or nonverbal (e.g. pointing) Spade, Fire, Tree, Insects, safe and not safe. Involves analysis such as grouping objects, describing and understanding object functions. Group safe and unsafe explain what they are making, give their creations a purpose. Make basic predictions, assume the role of another or make generalisations. What will happen if I do this.</p>					



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Key Stage	Pathway Class Group	Cycle Rotation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 2 (Thematic approach)	4	Ladybird Award	Use a spade safely to dig a hole(T) Identify 1 minibeast(N)Look at shapes of leaves on trees (N)	Make a log dog with support from an adult (K)	Make a tree rubbing(N) Sit together on a rug/tarp and listen to the natural sounds	Sit together on a rug/tarp and listen to the natural sounds(Te) Play move and stop games.	Move around the fire pit safely with support(F)	
			Responses can be short or nonverbal (e.g. pointing). Involves analysis such as grouping objects, describing and understanding object functions. Make basic predictions, assume the role of another or make generalisations.					
	5	Fire Award	Go on a nature walk and make a natural bookmark(N) Discuss the seasons and changes (N)	Tie a knot of their own(K) Sit independently for Sit Spot within an allocated area	Work with a partner to look for minibeasts and recall what they found(Te)	Use a hammer safely(T) Make a hammazone flag(T)	Move around the fire pit safely independently (F) Toast something on the fire with support(F)	
			Responses can be short or nonverbal (e.g. pointing). Involves analysis such as grouping objects, describing and understanding object functions. Make basic predictions, assume the role of another or make generalisations.					



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	6	Acorn Award	Identify 3 minibests and begin to look at habitats(N) Sit independently for Sit Spot within an allocated area.	Make a potion using natural materials(N)	Make bird feeders and observe birds(N)	Use a peeler to peel the bark to make a wand/ cooking stick(T)	Work in a small team with support and direction to make a natural low-level obstacle course (Te)	Collect different types of firewood(F)
			<p>Responses can be short or nonverbal (e.g. pointing).</p> <p>Involves analysis such as grouping objects, describing and understanding object functions.</p> <p>Make basic predictions, assume the role of another or make generalisations.</p>					
Key Stage 3	7	Fox Award John Muir – Discovery Award (progress)	Learn a clove hitch (K) Identify 3 trees/plants in forest school(N))	Sit independently in area of own choosing for Sit Spot for 5 minutes Work with a partner to take a blind walk (Te)	Use a saw with support (T)	Work in a team with a team leader to build a den for a teddy-introduce principles of survival and shelter(Te)	Peel willow to make musical instruments.	Recall the fire rules and get a spark with the flint and steel(F) ,
	8	Blackberry Award John Muir – Discovery Award (progress)	Identify 5 trees/plants in Forest School, looking at leaves, trunks(N)	Create a rope walk, using timber hitch to attach rope to trees. (K) -	Demonstrate working well in a team without support e.g.	Sit independently in area of own choosing for Sit Spot for 5 minutes. Create stick man/	Recall instructions of extinguishing a fire. (F)	Use a saw independently to make a tree cookie or to cut wood for the fire(T)



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					This could double up as team work too.	some natural art(Te)	puppet using clay and natural materials and create a story (N and Te)	Light a piece of cotton wool using the flint and steel and recall the fire triangle(F)	
	9	Robin Award- John Muir – Discovery Award (Awarded)		Create bird nests as team (N) Identify different habitats for minibests and make a mini beast hotel(N)	Work in a team with a team leader, to create a performance of their choosing (Te)and Te)Create natural dyes (N)	Use loppers or secateurs to either help maintain area or to make something from natural material. E.g. bow and arrow (T)	Use clove hitch to make bow and arrow or decorate a wand (K)	Use a hammer to create flower art.	Prepare some damper bread. Extinguish the fire safely(F) Cook on the fire.
Key Stage 4	10	Willow Award	John Muir – Explorer (awarded)	Make a shelter in teams using natural materials. Engage in a time of self-choosing for 5 Minutes Peace	Demonstrate square lashing and make a stick picture frame (K)	(Te and N) Use a hand drill safely (T)	Make a musical instrument(T)Make up a game using natural materials (N and Te)	Maintain the fire and toast bread independently on the fire (F)	



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	11	Oak Tree Award		Make a shelter that is weatherproof (Te, K,) Create an obstacle course (Te,K, N)	Whittle a stick safely (T)	Make a wooden structure using a variety of knots.(K)	Support work on site to improve the habitats of the wildlife-e.g. planting	Teach a skill/technique to someone else (Te) Light, maintain and extinguish fire safely (F)	
Key Stage 5	12	John Muir Award (progress)		John Muir Award - Conserver					
	13	John Muir Award (Awarded)							